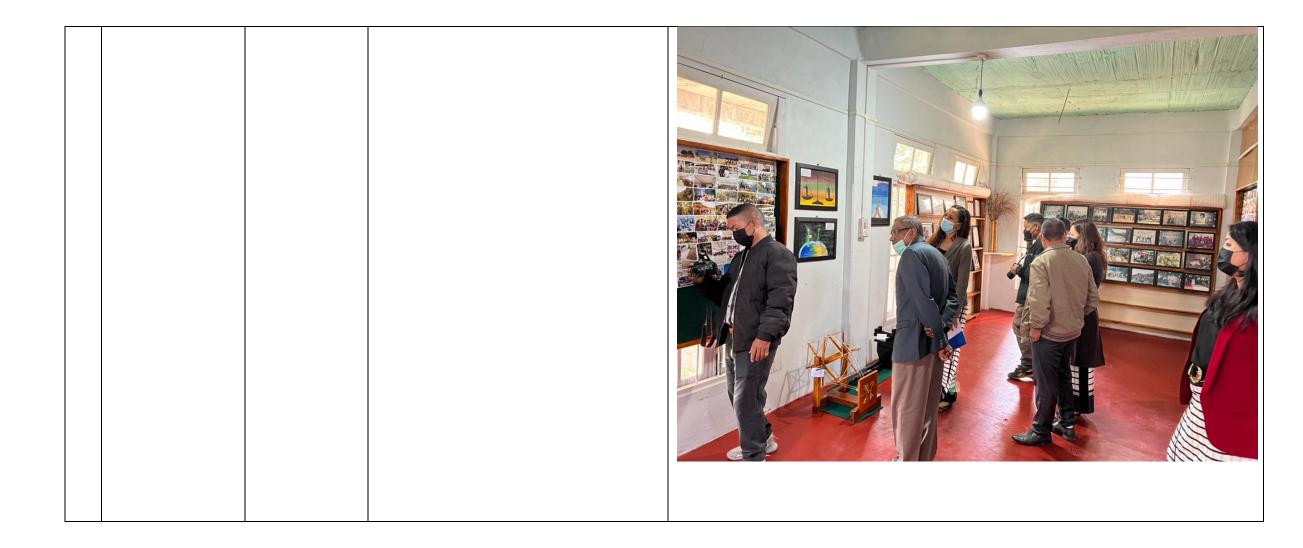
Govt. Hnahthial College

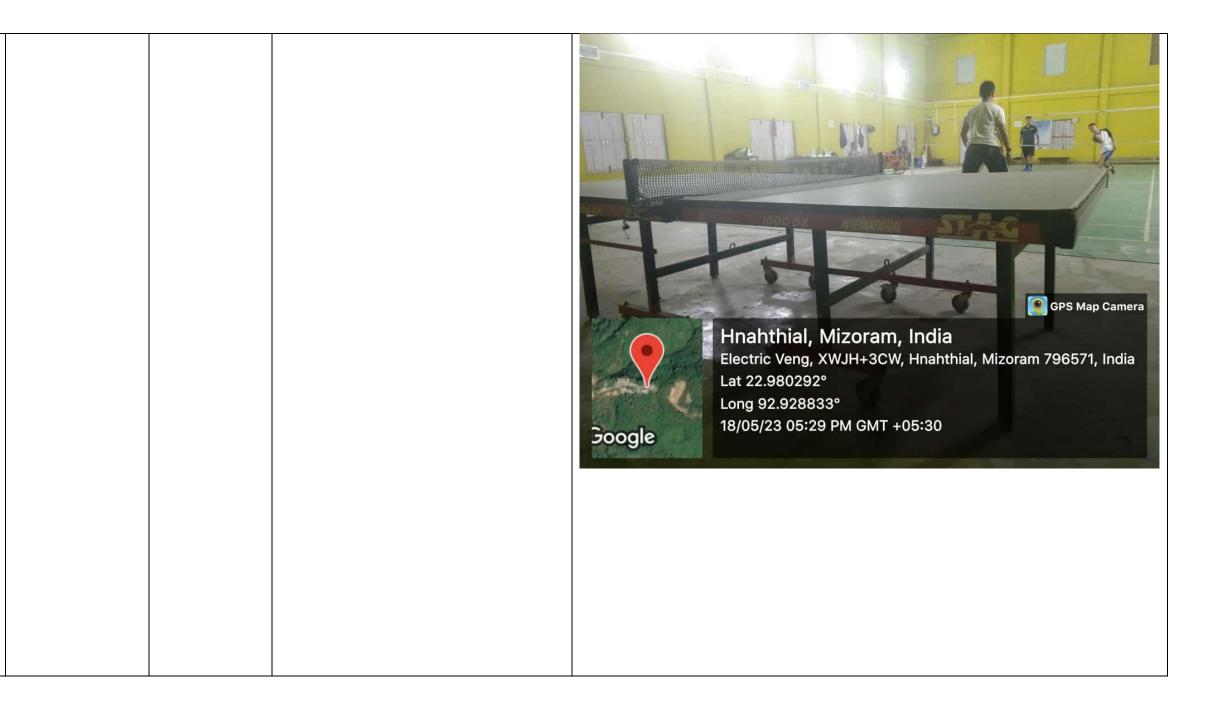
Annual report of the sports and cultural infrastructure and resources for the year 2021-2022

Sl. No	Name of Infrastructure	No. of infrastructure	Description	Photograph
	Physical items for cultural activities, i.e. traditional clothing and acessories		The college has accumulated various commodities such as clothing and items for use in cultural activities performed during College Week, Fresher's social and outside events etc. They are stored in the college archive for display as well as necessary use.	



Γ	2	Small infrastructure	The college has participated in sports	
		facilities for sports	activities held by the college as well as	
		activities and	participation in outside activities for which	
		gymnasium	it possesses various sports equipment.	
		gymasiam	The student's common room is also	ME LIL
			equipped with recreational sport	
			equipment for the students to use in their	
			free time.	
			The college gymnasium is also amply	
			equipped for use of both staff and	
			students	
			* For detailed list of sports and gym	
			equipment, refer to end of document	

			-	
3		4	The College has separate areas for	Basketball Court
	for sports activities		sports activities accessible for students and staff which are as follows :	Dasketball Obdit
			1) Football ground	
			2) Badminton hall (Indoor stadium)	
			3) Basketball court	
			4) Gymnasium	
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				A CARLON AND A CONTRACT OF A CARLON AND A CARL
				Football Ground





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💽 GPS Map Camera



List of Sports and Gymnasium equipment for 2021-2022

Sports				
Equipment	Quantity			
Football	2			
	2 sets (Male &			
Volleyball Jersey	Female)			
Discuss	2 (Male& Female)			
Juvelin	2 (Male&Female)			
Badminton Net	1			
TT Bat (Stag International)	4			
Drought Board with Chinese checker	1			
Chess Board (Roll)	2			
	2 sets (Male &			
Chessman/chess pieces	Female)			
Drought pieces	1			
Hockey ball	5			
Boxing Glove (612 USI Red & Blue)	2 pairs			

Gymnasium

Equipment	Quantity
Interlocking Mat (IMT)	4
Gym Belt	6
	2 sets
Dumbell (1 kg, 5 kgs, 10 kgs, 15 kgs)	each
Dumbell (7.5 kgs, 20 kgs, 25 kgs)	1 set each
Weightplates Small Hole(5, 7.5, 10, 15,20 kgs)	2 set each
Weightplates Olympic (2.5, 5, 7.5, 10, 15,20 kgs)	1 set each
Barbell (Olympic 7 ft 50 mm)	1
Barbell (Small 7 ft 20 mm)	1
Curl rod (3 ft, 50 mm)	2
Straigh rod (3 ft, 20 mm)	1

Fmultifunctional trainer- KX 1711	1
Lat Pull Down	1
Leg Press	1
Cable Crossover	1
Chest Fly Machine	1
Incline Dumbell Press	1
Squad Rack	1
Treadmill (Manual)	3
Spin Bike	4
Cycle	3
Bench	1
Bench Press	1
Curl Bench	2